

## HOME STUDY

There are many things about your child's health that are important to know, but that I often don't get to see at the office. Also, there are signs to look for that you may not have known were connected to your child's teeth or health. By looking for the tracking these "signs and symptoms", we can have a more complete picture of your child's overall health.

You don't have to spend a lot of time with this assessment tool, just observe their behavior at different times of day. You want to see their most natural behaviors, therefore try not to let your child know that you are watching.

Check off what you see. If you're not sure, check it anyway. Make comments if you want.

### While sitting around... (Watching TV, in the car)

Does your child:

- Put "things" in the mouth a lot (toys, sleeves, pencils, fingernails, etc.)
- Lick or suck on their lips.
- Have the lips apart, or even a little
- Stick or dart the tongue out of the mouth
- Have the tongue resting between the teeth
- Lean the check on a hand
- Breath with his mouth open, even a little bit
- Make noises when breathing
- Have trouble sitting still

### While talking...

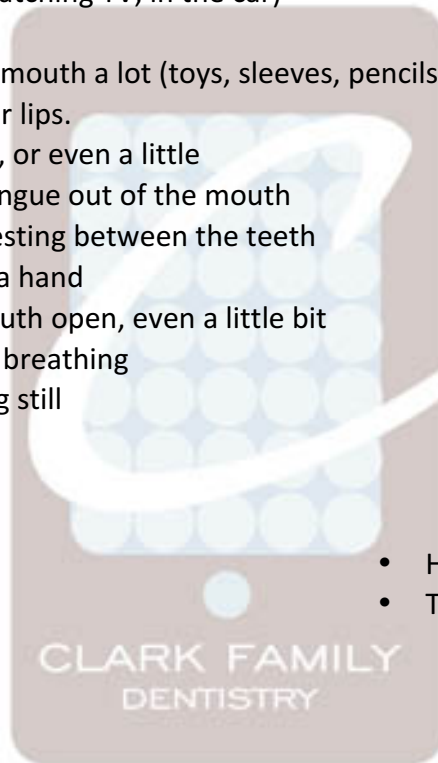
Does your child:

- Talk very fast
- Talk very slow
- Gasp for air
- Have lisp
- Take speech lessons

### During a meal...

Does year child:

- Gasp for air while eating
- Stick his tongue between his teeth when swallowing
- Stick the tongue out to meet the drinking glass
- Drink a lot while eating
- Make noises when chewing
- Eat sloppily
- Take a breath before drinking
- Puff the cheeks out when drinking
- Make the lips purse when swallowing
- Make the chin "crinkle" when swallowing
- Bob the head when swallowing
- Have trouble sitting still



## While sleeping...

Does your child:

- Have the mouth open
- Snore
- Wet the bed
- Toss and turn
- Tilt the head back
- Wake up frequently
- Have frequent nightmares
- Have abnormal sleep issues
- Grind the teeth
- Have trouble waking up
- Wake with dark circles under eyes

## Medical History

Does your child OFTEN (more than “once in a while”) complain of:

- Stomachaches
- Headaches
- Ear aches
  - Ringing ears
  - Dizziness
  - Stuffy ears
  - Itchy ears
- Neck aches
- A runny nose
- A sore throat
- Trouble swallowing pills
- Dry or chapped lips
- Sore teeth or gums
- Sores in the mouth

Did your child ever:

- Use a pacifier? Until age \_\_\_\_\_
  - Take medication for allergies
- Suck a finger or thumb. Which? \_\_\_\_\_
  - Have asthma
    - See a doctor about asthma
- Have allergies
  - Food allergies
  - Skin allergies
  - Seasonal allergies
  - Have learning problems
  - Have attention problems
  - “issues” at school

As a baby was your child:

- breast fed or bottle fed
- If breast fed, how long?
- Early to get teeth
- Late to get teeth
- Hard to feed
- Refusing to chew food
- Prone to ear infections

Did **YOU** ever:

- Have crooked teeth
- Have braces
- Have extractions for braces
- Have allergies
- Have asthma
- Have TMJ or jaw problems

